



**Menu 1**

**Monday**

<b>Breakfast</b>	Scrambled Eggs with Turkey Bacon, Mandarin Oranges and Milk	
<b>Morning Snack</b>	Bananas Slices and Milk	
<b>Lunch</b>	Burger Patty with Gravy, Mashed Potatoes, Green Beans, Pears and Milk	
<b>Afternoon Snack</b>	Animal Crackers and 100% Apple Juice	

**Tuesday**

<b>Breakfast</b>	Belgian Waffles with Syrup, Applesauce and Milk	
<b>Morning Snack</b>	Cucumber Slices w/ Ranch Dressing and Milk	
<b>Lunch</b>	Chicken and Rice Casserole with Diced Carrots, Peach slices, and Milk	
<b>Afternoon Snack</b>	Mozzarella Cheese Stix with 100% White Grape Juice	

**Wednesday**

<b>Breakfast</b>	Bagels with Cream Cheese, Pineapple Chunks and Milk	
<b>Morning Snack</b>	Baked Cinnamon Apples and Milk	
<b>Lunch</b>	BBQ Chicken Sliders on Whole Wheat Bun, Sweet Potato Wedges, Pears, and Milk	
<b>Afternoon Snack</b>	Trail Mix (whole wheat cheerios, pretzels, raisins), Ice Water	

**Thursday**

<b>Breakfast</b>	Cinnamon Toast, Mixed Fruit and Milk	
<b>Morning Snack</b>	Greek Yogurt Parfait (w/ Granola) and Iced Water	
<b>Lunch</b>	Whole Wheat Spaghetti w/ Chicken Meatballs, Steamed Broccoli, Peaches and Milk	
<b>Afternoon Snack</b>	Oatmeal Cookies and Milk	

**Friday**

<b>Breakfast</b>	Cereal Bar (Cheerios, Rice Krispies, or Fruit Loop), Mixed Fruit and Milk	
<b>Morning Snack</b>	Blueberry Muffin and 100% Apple Juice	
<b>Lunch</b>	Whole Wheat Cheese Quesadilla, Black Beans, Mandarin Oranges and Milk	
<b>Afternoon Snack</b>	Orange Slices and Milk	